

## *Corporate Lunch Menu*

### *Healthy Menu*

ALL SANDWICHES MADE ON OUR NYC ELI ZABAR'S WHOLE WHEAT AND PUMPERNICKLE BREAD

#### **HEALTHY WORKING LUNCH**

**Veggie** - thick slices of grilled zucchini, yellow squash, red peppers and Portobello mushrooms with roasted garlic hummus.

**California** - Rare Roast beef, sliced avocado, plum tomatoes, baby greens and low fat Cajun mayo. (Optional thin slices of fresh mozzarella cheese)

**Italian** - thin sliced grilled chicken, sautéed spinach, plum tomatoes and fresh mozzarella cheese with extra virgin olive oil, kosher salt & fresh ground pepper

**Spicy Girl** - peppermill Turkey, Alpine Lace Swiss cheese, dried cranberries, mixed greens, walnuts, sweet sliced apples and creamy low fat honey mustard dressing.

**Daisy Duke** - low fat fresh Vegetable Tuna salad with cucumber, tomato and baby greens.

#### **CHOOSE TWO SALADS**

Fresh Fruit salad

Plum Tomato and Cucumber

Whole grain pasta salad with sun dried tomatoes and fresh broccoli

Brown and Wild Rice salad with dried cranberries, apples, celery and sun flower seeds

Sweet summer yellow squash and green zucchini tossed with sliced cherry tomatoes and small button mushrooms sautéed in extra virgin olive oil

Tossed romaine, croutons, grated parmesan cheese and low fat Caesar dressing

Crisp Boston lettuce, sliced red and green grapes, fresh Kiwi and sweet Strawberries with our house Citrus Vinaigrette

#### **BEVERAGES**

Poland spring bottled water, assorted flavored Vitamin waters and assorted sodas (Diet Coke or Diet Pepsi)

#### **DESSERTS AND SIDES**

Baskets of whole fruits (apples, oranges & bananas) OR pretzels and roasted garlic hummus, disposable paper goods and serving utensils.

*\$15.95 per person*

## *Corporate Lunch Menu*

### *Classic Deli Sandwiches*

ALL SANDWICHES MADE ON OUR FRESH BAKED RUSTIC BREADS CUT INTO BITE SIZE PIECES

#### **HOUSE SELECIONS**

**American** - Boars Head thin sliced rare roast beef and Oven Gold Turkey breast with sliced American cheese, lettuce, plum tomatoes, red onions and creamy Russian dressing

**Italian** - Ham Capp cola, Genoa salami, pepperoni, red roasted peppers, fresh mozzarella cheese, leaf lettuce, tomatoes, onions, olive oil & vinegar on toasted buttered garlic bread

**La Volpe** - Hot panko style breaded chicken cutlets with sweet red roasted peppers and thick sliced fresh mozzarella cheese on toasted buttered garlic bread

**CBOLT** - Loads of our homemade Deli style Chicken salad topped with crispy strips of bacon, chopped romaine lettuce and sliced plum tomatoes

**Maple** - Sweet maple glazed Boars Head Turkey breast and thin sliced Alpine Swiss cheese, with chopped romaine lettuce, plum tomatoes and creamy honey mustard dressing

#### **CHOOSE TWO SALADS**

Creamy deli coleslaw

Classic North Fork red skin potato salad with creamy mayo

Chef's Bow Tie Pasta salad with sun dried tomatoes and fresh broccoli florets

Sweet summer yellow squash and green zucchini tossed with sliced cherry tomatoes and small button mushrooms sautéed in extra virgin olive oil

Cheese tortellini tossed with fresh broccoli, cherry tomatoes, chopped bacon and sun flower seeds in our creamy house dressing

Mixed greens tossed salad with our house balsamic vinaigrette dressing

#### **BEVERAGES**

Assorted Snapple Iced Teas (Regular, Diet, Peach), Poland spring water and assorted sodas (Coke or Pepsi).

#### **DESSERTS AND SIDES**

Fresh baked Chocolate chip cookies, disposable paper goods and serving utensils.

*\$15.95 per person*

## *Corporate Lunch Menu*

### *Gourmet Wraps*

MADE IN AN ASSORTMENT OF WHOLE WHEAT, TOMATO, SPINACH AND GARLIC HERB WRAPS

#### **HOUSE SELECIIONS**

**Katie's Wrap** - marinated and grilled Bell and Evans premium Chicken breast rolled with seasoned croutons, grated Parmesan cheese and creamy Caesar dressing

**Waldoff** - Classic Chicken salad rolled with dried cranberries, chopped walnuts, sliced Apples and mixed cut greens

**Pepper Crusted Beef** - thin sliced rare Roast Beef smothered with sweet roasted red peppers and melted Gorgonzola cheese with mixed baby greens

**Naples** - marinated & grilled boneless Chicken breast topped with sweet roasted red peppers grilled Portobello mushrooms and melted Muenster cheese

**TBOLT** - thin sliced oven roasted Turkey breast, crispy apple wood Bacon, plum tomatoes, chopped romaine lettuce and dressing

**Veggie** - thick slices of marinated char grilled zucchini, yellow squash, roasted red peppers and Portobello mushrooms with fresh Mozzarella cheese

**Spicy Girl** - peppermill Turkey, Alpine Lace Swiss cheese, dried cranberries, mixed greens, walnuts, sweet sliced apples and creamy low fat honey mustard dressing.

#### **CHOOSE TWO SALADS**

Creamy Sag Harbor Slaw with roasted corn peppers and a little kick

Tortellini, cherry tomatoes, broccoli, chopped bacon & sun flower seeds in creamy dressing

Classic North Fork red skin potato salad with creamy mayo

Mixed greens tossed salad with our house balsamic vinaigrette dressing

#### **BEVERAGES**

Assorted Snapple Iced Teas (Regular, Diet, Peach), Poland spring water and assorted sodas (Coke or Pepsi).

#### **DESSERTS AND SIDES**

Fresh baked Chocolate chip cookies, disposable paper goods and serving utensils.

*\$15.95 per person*

## *Corporate Lunch Menu*

### *Homemade Soups & Salads*

SERVED WITH FRESH BAKED ARTISAN BREADS AND BUTTER

#### **SOUP SELECIONS**

Chicken Noodle or Rice \* Spicy Chicken Enchilada  
Manhattan Clam Chowder (red) \* New England Clam Chowder (white)  
Sweet Roasted Butternut Squash \* Cream of Broccoli

*Includes disposable paper products, serving utensils and electric warmers*  
*\$3.95 per person*

#### **SALAD SELECTIONS**

SERVED WITH FRESH BAKED ARTISAN BREADS AND BUTTER

#### **CRANBERRY WALNUT GORGONZOLA SALAD**

Mixed field greens tossed with dried cranberries, chopped walnuts and crumbled Gorgonzola cheese with sweet Raspberry Vinaigrette dressing on the side. Add sliced grilled Chicken breast as an option.

#### **NEW ENGLAND**

Crisp Boston lettuce, sliced red and green grapes, Kiwi and sweet Strawberries with Citrus Vinaigrette dressing

#### **CLASSIC CAESAR**

Fresh chopped romaine lettuce, seasoned croutons, grated Parmesan cheese topped with Savory herb crusted grilled Chicken

*\$3.49 per person*

### *Mid-Afternoon Refresher*

Famous Tate's Oatmeal Raisin cookies with fresh fruit skewers and bottled water

*\$4.95 per person*

## *Corporate Lunch Menu*

### *Healthy Snacks*

Trail mix \$1.75 per person  
Whole fresh fruit \$1.25 each  
Fresh fruit platter \$3.95 per person  
Assorted Nature's Granola bars \$1.75 each  
Assorted Yogurt cups or Cottage cheese \$1.95 each

### *Sweets*

*ALL PASTRIES ON DISPOSABLE PLATTERS*

Muffins, Apple Turnovers, Croissants, Fruit & Cheese Danish & Rice Crispy Treats \$2.75 each  
Dessert bars, Raspberry Lemon and Chocolate \$2.75 per person  
Wholly Moses cheesecake \$28.00, serves 16  
Homemade Crumb Cake \$2.50 per person  
Thick Fudge Brownies \$2.50 per person  
All-American apple pie \$13.00 serves 8  
Fresh baked cookies \$2.50 per person

### *Beverages*

*ALL BEVERAGES ICED IN COOLERS READY TO DRINK PLASTIC CUPS PROVIDED*

POM Wonderful Herbal Teas - white, green, black, peach & low cal \$2.75 each  
POM Wonderful, Bolt House or Owdalla natural fruit smoothies \$4.00 each  
Individual soft drinks & Vitamin Water, assorted \$2.00 each  
Individual Snapple beverages, assorted \$2.00 each  
Poland Spring bottled water \$1.75 each

#### **Coffee Service**

Regular, Decaffeinated, Herbal Tea, Milk, Creamer, Sugar, Disposable Paper Products

*\$2.49 per person*